

Team Nova

AT REYNOLDS SPORTS CENTRE, ACTON HIGH SCHOOL

Gunnersbury Lane, Acton W3 8EY.

PROSPECTIVE MEMBERS INFORMATION

Nova Trampoline Club is a small, friendly, nationally recognised and well respected private club. We have been in existence for over 25 years during which time we have been extremely successful locally, regionally and nationally. We cater for all ages and abilities (including Adults, and participants with special needs). Session fees and membership are very reasonable and numbers are limited to ensure every participant has the maximum opportunity to progress. We are mainly a competitive club, although our philosophy is to provide very high quality coaching for all participants and we therefore also welcome absolute beginners and recreational trampolinists of all ages and abilities including people with disabilities. Our youngest regular competitors are only 5 and at the other end of the scale we have many adults competing and jumping recreationally. We also offer Competitive Double Mini Tramp. We have a number of members competing at top grades nationally and who have qualified for National Finals/National Synchro Finals/National DMT Finals. The main emphasis within the club is on "achievement through enjoyment". Coaching is directed by High Performance and Senior coaches with a proven record of success at National level. *We also offer stunt training, snowboard training, ski training, diving training and trampolinists for film and TV work.*

Monday	Session 1 6-00-7.30	Session 2 7.30-9 .00
Tuesday	Session 1 6-00-7.30	Session 2 7.30-9 .00

Thursday	Session 1 6-00-7.30	Session 2 8.00-9 .30
-----------------	--------------------------------------	---------------------------------------

Saturday	11.00 – 1.00pm
-----------------	-----------------------

We usually have 6-8 coaches (2/3 advanced 1 HPC) and can cope with moves up to Rudi outs, full in full out, etc. (Tripps if you want them) etc. so we can cope with most performers. The club has increasingly active social side. We also encourage and support people who wish to gain coaching or judging qualifications at the club - we are proud to have never had anyone fail a coaching or judging course! We do not currently have a waiting list although we will certainly be full within the next few weeks, so please contact me for a trial session.

Session fees
- PER
SESSION

Annual
*membership fee**

BG membership
(competitors) - will
be £19 for non
competitors

Members-	paid in advance	£25.00 per session pm	£29.00
2ND/3RD Family Members	paid in advance	£23.00 per session pm	
Non- members (4 weeks maximum)		£6.00	

After an initial 6 week trial period, we require fees to be paid in advance

Further Information, John Wotherspoon (Chairman), 28 Sandringham Road, Northolt, Middlesex, UB5 5HN

Telephone/Fax: 020 8933 3270 Mobile: 07950 267655

E-mail: John@nova-trampoline.com

Web: <http://www.nova-trampoline.com/>